



BAY AREA COSMETIC DERMATOLOGY

tel (415) 292-6350 | fax (415) 440-6356 | weloveskin.com

PRE & POST CARE FOR FOTONA EYES [VECTORLIFT (BROW LIFT) & SMOOTHIEYE (EXTRAOCULAR)]

WHAT IS FOTONA EYES?

Our two complementary non-invasive laser treatments for eye area rejuvenation. VectorLift combines eyebrow elevation and eyelid tightening for a brow-lifting effect. SmoothEye is an Erbium YAG laser treatment that stimulates collagen remodeling and new collagen synthesis, tightening the area around the eye, improving skin elasticity, and reducing the appearance of wrinkles. Both are most commonly performed as a series for optimal results, and are often combined for a more complete eye area rejuvenation, known as TotalEye.

HOW TO PREPARE FOR TREATMENT

- **2 weeks prior to treatment:** Avoid sun exposure, including tanning beds. We are unable to treat you with a tan or sunburn.
- **2 days prior to treatment:** Ensure you are well-hydrated to maximize treatment results, and avoid medicated and/or active products including retinoids, tretinoin, glycolics, salicylic acids, lactic acids, hydroquinone products (the active ingredient in many Obagi and BACD brightening products), dapsone, acne products, or precancer treatments as directed by your provider.
- **Day of treatment:** if possible, please come to your appointment without makeup. We also provide cleanser during the prep time of your service.

PLEASE LET YOUR PROVIDER KNOW:

- If you have ever used or are currently using Accutane (Isotretinoin).
- If you have a history of reaction to numbing cream.

WHAT TO EXPECT POST TREATMENT

If you received VectorLift:

- Redness / Pinkness should be expected immediately after treatment, lasting approximately 24 hours.
- Mild swelling can be expected for 1–2 days post treatment.
- Superficial peeling is possible over the following 2–3 days. An absence of peeling does not indicate unresponsiveness to the treatment.

If you received SmoothEye:

- Inflammation, dryness, and tightness should be expected immediately after treatment, lasting 2–3 days.
- Subsequent darkening and peeling of the skin should be expected for 2–3 days.

HOW TO CARE FOR SKIN AFTER TREATMENT

- Wait 24 hours to apply makeup.
- You may wash your face as normal the evening after treatment.
- Each morning and evening, apply **Plated Calm (Blue)** to the treated area — this is the recommended product for both treatments, as it is the most effective for healing and collagen synthesis after your treatment. *If you received VectorLift or TotalEye, Alastin Regenerating Skin Nectar may be used as an alternative.*
- Sun protection: SPF 30+, sunglasses, and a hat when in direct sun is recommended for at least 7 days after treatment. To maintain your results, smart sun protective measures should continue indefinitely.
- You may resume application of your medicated and/or active products as soon as skin feels normal to the touch, typically 2–3 days after treatment.

RESULTS

Complete results take place gradually, over a time period of 2–3 months, with continued improvement for up to six months. Most patients will find that a series of treatments will yield the most transformative results.

Your provider will work with you to design your optimal treatment plan, as well as assess results in the months following your service(s).



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If your provider has given you instructions deviating from the general recommendations in this document, please follow your provider's personalized instructions.

Questions or concerns? Please securely send a direct message to your provider through BACD's online patient portal: MyPatientVisit, or call the office at 415-292-6350.