



BAY AREA COSMETIC DERMATOLOGY

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PRE & POST CARE FOR BRELLA

[Sweat Control Patch for treatment of Primary Axillary Hyperhidrosis]

WHAT IS THE BRELLA SWEATCONTROL PATCH?

The Brella SweatControl Patch is a single-use disposable patch designed to treat Primary Axillary Hyperhidrosis (excessive sweating in the underarms) in adults 22 years of age and older. It functions by generating heat when the water in your sweat touches the patch. The sodium is attached to an adhesive backing so that it will stay in place when applied to your underarm by your healthcare provider during treatment, and can be easily removed when the treatment is completed. The patented Brella technology is designed to interact with your sweat as it comes to the skin surface of your underarm. When the sodium contacts the water in your sweat, the device is activated, and heat (thermal energy) is created. The heat created by the Brella SweatControl Patch is precisely localized., targeting sweat glands to temporarily reduce sweat production.

HOW TO PREPARE:

- Please shave your armpits (3) days prior to treatment.
- Do not use antiperspirant on treatment day as you will need to be sweating during your treatment for best results.
- Wear a tank top to allow access to your underarms. If you don't have a tank top or aren't wearing one on the day of your treatment, your provider can provide you with a covering to enable them to have access to your underarm.

WHAT TO EXPECT

- After your underarm is cleaned and dried, the patch will be placed on one underarm for a short period of time, and then it will be removed and disposed of.
- After removing the patch, the provider will rinse your underarm with water a few times. This process will be repeated with a new patch on your other underarm.
- Once both underarms have been treated, rinsed with water and dried, your procedure is completed.
- It is expected that you will feel a warm sensation as the patch is applied to your underarm. It is also expected that while the patch is on your underarm, you may experience some mild discomfort (tingling, stinging or burning) that may become more noticeable as the treatment progresses.

AFTER TREATMENT

- You can resume your normal activities. You may experience some sensitivity or tenderness in your underarms.
- You can apply deodorant as you normally do if you are not having any sensitivity or tenderness.
- You may resume your normal hair removal practices.
- Most patients develop pinprick scabbing after the treatment. You can apply an emollient such as Aquaphor or Vaseline to these scars to help them heal faster.
- Results will be different from person to person, but in clinical studies, most people reported that they felt an impact on their sweat within 7 days.
- If you have any discomfort from the treatment that continues or worsens after the first day, you should contact the office and let us know.

If your provider has given you instructions deviating from the general recommendations in this document, please follow your provider's personalized instructions.

Questions or concerns? Please securely send a direct message to your provider through BACD's online patient portal: [MyPatientVisit](#) or call the office 415-292-6350.