



BAY AREA COSMETIC DERMATOLOGY

tel (415) 292-6350 | fax (415) 440-6356 | weloveskin.com

PRE & POST CARE FOR FOTONA: SMOOTHIEYE (Extraocular)

WHAT IS FOTONA: SMOOTHIEYE?

SmoothEye is a non-invasive laser (Erbium YAG) treatment used to stimulate both collagen remodeling and new collagen synthesis thereby tightening the area around the eye, improving skin elasticity and reducing the appearance of wrinkles. SmoothEye is most commonly performed as a series for optimal results.

HOW TO PREPARE FOR TREATMENT

- **2 WEEKS PRIOR TO TREATMENT:** Avoid sun-exposure including tanning beds. We are unable to treat you with a tan or sunburn.
- **2 DAYS PRIOR TO TREATMENT:**
 - **Ensure you are well-hydrated to maximize treatment results.**
 - Avoid medicated and or active products for 2 days before treatment. These include retinoids, tretinoin, glycolics, salicylic acids, lactic acids, hydroquinone products (which is the active ingredient in many of the Obagi and BACD brightening products), dapsone, acne products, or precancer treatments as directed by your provider.
- **DAY OF TREATMENT:** If possible, please come to your appointment without makeup. We also provide cleanser during the prep time of your service.

PLEASE LET YOUR PROVIDER KNOW:

- If you have ever used or are currently using Accutane (Isotretinoin).
- If you have a history of reaction to numbing cream.

WHAT TO EXPECT DURING TREATMENT?

- Unless otherwise indicated by your provider, we anticipate you will be in the office for approx. 1.5 hours.
- Your appointment will include a period of numbing time. You may want to bring entertainment or work materials. Our office has free wireless internet available.

WHAT TO EXPECT POST TREATMENT

- Inflammation, dryness and tightness should be expected immediately after the treatment, lasting 2-3 days.
- Subsequent darkening and peeling of the skin should be expected for 2-3 days.

HOW TO CARE FOR SKIN AFTER TREATMENT

- Wait 24 hours to apply makeup.
- You may wash your face as normal the evening after the treatment.
- Each morning and evening, apply [Plated Calm \(Blue\)](#) to the treated area. This specific product is recommended as it is the most effective for healing and collagen synthesis after your treatment.
- Sun protection including SPF 30+, sunglasses and a hat when in direct sun are recommended for at least 7 days after treatment. To maintain your results, smart sun protective measures should continue indefinitely.
- You may resume application of your medicated and or active products as soon as skin feels normal to the touch, typically 2-3 days after treatment.

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RESULTS

Complete results take place gradually, over a time period of 2-3 months with continued improvement for up to six months. Most patients will find that a series of treatments will yield the most transformative results.

Your provider will work with you to design your optimal treatment plan as well as assess results in the months following your service(s).

If your provider has given you instructions deviating from the general recommendations in this document, please follow your provider's personalized instructions.

Questions or concerns? Please securely send a direct message to your provider through BACD's online patient portal: [MyPatientVisit](#) or call the office 415-292-6350.