



## BAY AREA COSMETIC DERMATOLOGY

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### PRE & POST CARE FOR HYALURONIDASE

[ Vitrase ]

#### WHAT IS HYALURONIDASE?

Hyaluronic acid (HA) fillers are made of sterile gel hyaluronic acid for injection into the skin to correct facial lines, wrinkles and folds, for lip enhancement and for shaping facial contours.

Occasionally these fillers need to be dissolved when the aesthetic treatment has not produced the desired outcome or if the filler has migrated to an undesirable location. Hyaluronidase (Vitrase) is an enzyme used for this purpose; it breaks down the filler into sugars and water that can be naturally cleared by the body.

#### HOW TO CARE FOR SKIN AFTER TREATMENT

- We recommend gently icing the treated area immediately after treatment to help reduce redness and swelling - we can provide additional ice packs to take home with you. You can also use a cold compress. Ice and compresses should be applied for no more than 5 minutes at a time with the area being allowed to warm before applying again.
- Gently massage the treated area for several minutes, 5-10X times within the first 24 hours after treatment.
- Occasionally swelling and or bruising can occur. If either is concerning or severe, please contact our office immediately.
- Very rarely, severe allergic reactions to hyaluronidase can occur, like from a bee sting.

**If you have any difficulty breathing or have tongue swelling call 911 immediately.**

- If the use of hyaluronidase has caused a depression or affected adjacent filler, it can be easily corrected. Please schedule a follow up appointment so that we may address.

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*If your provider has given you instructions deviating from the general recommendations in this document, please follow your provider's personalized instructions.*

**Questions or concerns?** Please securely send a direct message to your provider through BACD's online patient portal: [MyPatientVisit](#) or call the office 415-292-6350.