



## BAY AREA COSMETIC DERMATOLOGY

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### PRE & POST CARE FOR DOXYCYCLINE INJECTIONS

[ Injectable Antibiotic ]

#### WHAT IS DOXYCYCLINE?

Doxycycline is a well-known antibiotic that is most commonly used to treat skin conditions and infections. When injected into subcutaneous fat, this treatment causes the tightening of the cavity underneath the eye that creates an eye bag, called a “malar festoon.” Doxycycline is an “off-label” treatment that may be recommended by your provider if needed, for malar festoons.

#### HOW TO PREPARE FOR TREATMENT

Please let your provider know if you have had or have future plans for surgery on your face, eyelids, or have had medical conditions in or near the eye area, are pregnant or breastfeeding as these conditions might affect your recommendation for this injection.

- The most common side effects of injectable doxycycline include: swelling, bruising, numbness, redness, and areas of hardness in the treatment area. All these side effects should resolve on their own within 7 to 14 days after treatment.
- If you are currently taking blood thinners, you may experience more bruising. If approved by your doctor, please stop one week in advance of procedure.
- If you are prone to bruising you may purchase [homeopathic Arnica](#) from the office or online. Arnica supplementation prior to treatment can reduce the risk of developing a bruise.
- Topical numbing cream will be applied prior to treatment. In rare instances, allergic reactions can occur. Additionally, topical numbing cream can aggravate underlying skin conditions such as rosacea. Such irritations may be treated using a 1% hydrocortisone cream, like [BACD Calming Cream](#), which can be purchased in office or online.

#### HOW TO CARE FOR SKIN AFTER TREATMENT

- We recommend gently icing the treated area immediately after treatment - we can provide additional ice packs to take home with you. Ice should be applied for no more than 5 minutes at a time with the area being allowed to warm before applying ice again.
- Avoid strenuous exercise and sun exposure for 24 hours.
- You may continue to use your regular products and apply make-up immediately after Doxycycline injections provided you have no adverse skin reactions to the treatment or numbing cream.

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*If your provider has given you instructions deviating from the general recommendations in this document, please follow your provider's personalized instructions.*

**Questions or concerns?** Please securely send a direct message to your provider through BACD's online patient portal: [MyPatientVisit](#) or call the office 415-292-6350.