



THE BODY CLINIC
BAY AREA COSMETIC DERMATOLOGY

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PRE TREATMENT INFORMATION FOR EMFACE

We are excited you have chosen to treat with EMFACE! We want to ensure you are fully informed of all treatment details and expectations. Please review the following information and let your provider know if you have any questions or concerns.

TREATMENT PLAN & FREQUENCY OF YOUR TREATMENTS

- EMFACE is a series of treatments used to tighten, lift, and tone the face by simultaneously targeting both skin and muscle. EMFACE is needle-free, pain-free and there is no downtime.
- We suggest 6 treatments, spaced approximately once a week. These are 20-minute treatments.
- Full results typically take 8-12 weeks to appear.
- We recommend 1 treatment every 4-6 months for maintenance.

HOW TO PREPARE FOR YOUR EMFACE TREATMENTS

- Come to your appointment with a clean face, free of makeup. We can provide cleanser.
- Hydration is important for optimal results. Increase water intake 2-3 days prior to the procedure.
- Please inform us if you have any metal implants in or near the area to be treated (this includes facial piercings that cannot be removed) as you may not be a candidate for EMFACE.
- We may ask you to shave prior to treatment if significant hair is present in the treatment area.
- Please inform us if you have any active skin conditions present such as cystic acne or eczema or have a recent sunburn.
- We ask you to wait 1 week after any recent neuromodulator (Botox, Dysport, Xeomin) before treating with EMFACE.
- Please inform us of any threads or permanent filler you may have.
- Photos of the treatment area will be taken. These photos are private and never shared without your consent.

WHAT TO EXPECT DURING YOUR TREATMENT

You will feel intense muscle contractions together with a heating sensation in your forehead and cheeks that is comparable to a hot stone massage.

WHAT TO EXPECT AFTER TREATMENT

Typical recovery time is very minimal if any. Most patients can return to their daily routine immediately after the procedure.

OUR PROMISE TO YOU

Our goal is to make you the most comfortable and informed before, during and after your treatment. However, we cannot provide exact timelines for how long it will take to see results or predict exactly how you will respond. Each person is unique, and your response will be as well. Additional treatments or services may be needed to achieve your final goal.

Always feel free to contact us with any questions or concerns.

AFTER HOURS? Please email us - we regularly monitor to ensure our patients are never without support.

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