



## BAY AREA COSMETIC DERMATOLOGY

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### POST CARE FOR EAR PIERCING

#### HOW TO CARE FOR YOUR SKIN

1. Wash your hands.
2. Clean ear piercing with warm water and a Q-tip twice daily to remove any blood or crusting.
3. After cleaning, give each earring a twirl. No ointments needed.
4. After 4 weeks you may change your earrings.

**Please contact your provider if you notice increasing pain, redness, or discharge.  
This could be an indication of infection, cyst formation, or a metal allergy.**

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*If your provider has given you instructions deviating from the general recommendations in this document, please follow your provider's personalized instructions.*

**Questions or concerns?** Please securely send a direct message to your provider through BACD's online patient portal: [MyPatientVisit](#) or call the office 415-292-6350.