



## BAY AREA COSMETIC DERMATOLOGY

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### POST CARE FOR EARLOBE REPAIR

#### HOW TO PREPARE FOR YOUR APPOINTMENT

Let your provider know if you are currently taking any blood thinners for medical reasons. If possible, stop Aspirin, NSAID, fish oil, and vitamin E 7-10 days before your appointment.

#### DAILY CARE OF THE REPAIR SITE

It is possible infection or scarring may occur. Until the removal site is healed (at least 7 days), the wound dressing (bandage or band-aid) should be changed once a day as follows:

- 1) Remove the old bandage or band-aid.
- 2) Gently clean the wound with soap and water.
- 3) Gently pat dry the wound.
- 4) Apply a thin layer of ointment over the wound. Aquaphor Ointment is best for keeping the wound moist.
- 5) Cover the wound with a clean bandage or band-aid.

#### WHAT TO AVOID AFTER TREATMENT

- No swimming for 48 hours.
- No side sleeping for 10-14 days after treatment.
- Wait 7 days to expose the repair site to air by following the care instructions above.

The removal site should continue to get better each day. If you notice increasing redness beyond the edge of the wound, swelling or persistent drainage from the removal site, the site may be infected and you should contact our office .

Ears may be re-pierced 6 weeks after the repair. Please have this done in our office to ensure proper placement with regard to the scar tissue.

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*If your provider has given you instructions deviating from the general recommendations in this document, please follow your provider's personalized instructions.*

**Questions or concerns?** Please securely send a direct message to your provider through BACD's online patient portal: [MyPatientVisit](#) or call the office 415-292-6350.