



BAY AREA COSMETIC DERMATOLOGY

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## POST CARE: ACNE CYST INJECTION

### WHAT TO EXPECT

Diluted triamcinolone is typically the standard of care for treating acne cysts. The triamcinolone is injected into the cyst and continues to work for 10-14 days post injection.

Acne cysts can naturally cause scarring without treatment, but a cyst injection also has the potential to create a temporary depression (divot) in the skin. This depression normally resolves in six months, however you can consult with your provider on how to expedite this process.

If you frequently experience acne cysts it may be beneficial to have an acne consult with one of our physicians or PA-C to design an effective, customized treatment plan.

**If the cyst has not resolved after 7 days from time of injection, please contact our office.  
You may need a second injection or an extraction.**

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*If your provider has given you instructions deviating from the general recommendations in this document, please follow your provider's personalized instructions.*

*Questions or concerns? Please call the office 415-292-6350 or securely send a direct message to your provider through BACD's online patient portal: **MyPatientVisit**.*