

BAY AREA COSMETIC DERMATOLOGY

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POST CARE FOR COSMETIC REMOVALS

WHAT TO EXPECT

- Any removal carries with it a slight risk of infection.
- Removed lesions may redevelop over time, or pigmentation/scarring may occur at the site.
- Wound care is generally minimal for small lesions (eg, actinic keratoses and small seborrheic keratoses).
- Blistering or crusting over treated areas may occur and are normal outcomes that may occur.
- Healing usually occurs within one to three weeks.

DAILY CARE OF THE REMOVAL SITE

Until the removal site is healed (at least 7 days), the wound dressing (bandage or band-aid) should be changed <u>once a day</u> as follows:

- 1. Remove the bandage or band-aid.
- 2. Gently clean with soap and water.
- 3. Gently pat dry.
- 4. Apply a thin layer of ointment over the removal site. Aquaphor Ointment is best for keeping the area moist.
- Continue gentle skin care until the skin is fully healed.
- Do not pick at the treated areas or scabbing.

The removal site should continue to improve each day.

If you notice increasing redness beyond the edge of the removal site or swelling from the removal site, please promptly contact your provider.

If your provider has given you instructions deviating from the general recommendations in this document, please follow your provider's personalized instructions.

Questions or concerns? Please securely send a direct message to your provider through BACD's online patient portal: <u>MyPatientVisit</u> or call the office 415-292-6350.