



## BAY AREA COSMETIC DERMATOLOGY

tel (415) 292-6350 | fax (415) 440-6356 | weloveskin.com

---

### FAQS: SOFWAVES

[Non-invasive Skin Tightening Treatment]

#### HOW DOES THE SOFWAVE TREATMENT WORK?

Sofwave uses ultrasound to heat the dermal tissue to stimulate collagen production.

#### HOW LONG IS THE TREATMENT?

The Sofwave face and neck treatment takes approximately 30-90 minutes depending on the surface area to be treated. However, we recommend a 30 numbing cream appointment to make the treatment more tolerable.

#### IS THERE A DEPOSIT FOR THE PROCEDURE?

Yes, we require a \$500 deposit at the time of booking to hold your Sofwaves appointment.

#### IS THERE ANY DOWNTIME ASSOCIATED WITH SOFWAVES?

- Typically there is no pain or discomfort after the procedure.
- Due to the gentle heat of the treatment, you may experience some minor redness and swelling. Typically, after the first few minutes, the skin returns to its normal appearance.
- Rarely, there can be minor swelling and redness that lasts longer.
- Icing post procedure can help this redness and swelling go away sooner and we are always happy to provide ice packs for you to take home.
- There is a small risk of bruising that can be exacerbated if you are taking any blood thinners including aspirin, ibuprofen, vitamin E, fish oil, or drinking alcohol.

#### WHAT SKINCARE PRODUCTS CAN I USE POST PROCEDURE?

Since the treatment avoids the topical epidermis and instead penetrates the much deeper layers of dermis, you may return to your normal skincare routine, including active products, immediately after the treatment.

#### WHEN WILL I SEE RESULTS?

As the Sofwaves procedure stimulates your own collagen production, it typically takes 3-6 months to see your final results. Some people may experience earlier results, but we encourage all patients to wait a full six months to reassess.

#### HOW DO I MAINTAIN MY RESULTS FROM SOFWAVES?

Treatments like Sofwaves rebuild collagen, but a strong at-home skincare regimen improves the overall aging process, keeping your skin healthy and protecting your investment.

We recommend an anti-aging skincare regimen for all of our patients including Growth Factors, Retinol/Retinoids, Antioxidants and Sunscreen - 30SPF+ everyday. Your provider can recommend specific products that are best for your skin.

Sofwaves maintenance treatments are recommended depending on your specific treatment and your goals. Your provider will give you more specific maintenance instructions.